The Christogram is a monthly newsletter of Concordia Lutheran Church, Steamboat Springs, Colorado. Deadline for newsletter items is the fourth Sunday of each month. We welcome contributions of news items, art work, and other appropriate articles.

Editor: Pastor Cartwright, Marlys Cartwright and Jean Smith

The Weekly Bulletin is printed on Thursday mornings. News items for the bulletin should be submitted by 9:00 am on Thursdays.

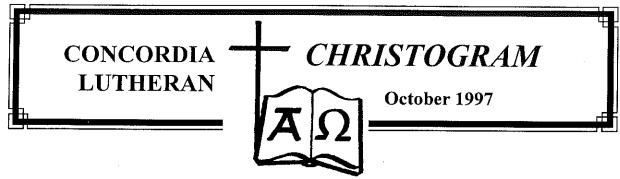
Sunday Worship: 8:00 and 10:30 AM Education Hour: 10:15 AM

Determined to Make a Difference

"I am only one,
But still I am one.
I cannot do everything,
But I still can do something;
And because I cannot do everything
I will not refuse to do the something I can do."

- Edward Everett Hale

CONCORDIA LUTHERAN CHURCH P.O. BOX 770428; 755 CONCORDIA LANE STEAMBOAT SPRINGS, CO 80477



Greetings in the name of our risen Lord!

CONSIDER THIS ILLUSTRATION: "A while back, I was listening to the radio on my way home from work. The announcer reading the news chuckled as he read the story of a fellow who robbed a convenience store clerk. What was funny about a criminal act? The robber had a neat plan to give the clerk a \$10 dollar bill, get her to open her cash drawer to make change, and then grab all the money. The plan worked! He got everything in her cash drawer... total \$4.34...and left the clerk with his \$10 dollars. He went into the hole to the tune of \$5.66.

The undeniable truth is that sin never gives what it promises. Sin always returns less than what the sinner invests in self-esteem, integrity, and spiritual security. As a matter of fact, we don't even like to have pointed out to us that sin and broken behavior does not reap for us great reward or satisfaction.

Adam and Eve were promised freedom, wisdom, life, power, reward, and control by Satan in the Garden of Eden. However, these false and deceptive promises only led to spiritual suicide.

Sin always promises that which it will never deliver. It is true in the scriptures. It also is true in our world and life today. People in our society, as well as people in our pews, hide behind masks and fool themselves and friends, but not God.

Jesus Christ paid the price for our true freedom. He offers to us life and salvation. He offers us the forgiveness of sins that unlocks the way to true eternal life. "If the Son has set you free, you will be free indeed." God can deliver the richness of life. Sin and Satan can never deliver.

FAMILY ISSUES

Family Ideas for Individual Families

COMMUNICATION

1. Family Weekly Meetings

Have a specific time set aside each week just to have a family meeting. Talk about any subject, such as; family vacations, family chores, curfews, meal selections, etc. Family meetings will provide a structured setting for family discussions. Let everyone be involved.

2. Communication practice using "I" messages

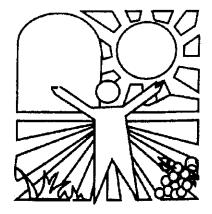
Give examples of how to respond to various instances in life, such as, breaking curfew. Use "I" messages: "I feel let down when the curfew is broken because I can't trust you the way I would like to." Help your family learn how to express their feelings, thoughts and concerns.

3. Dear Abby

Cut out of the paper or make up your own "Dear Abby" letters. Read the letter and have family members offer their advice. Gear your letters to family life issues (i.e., John breaks his curfew time, worrying mom and dad. What should we do?)

4. Table Talk

Write thirty thought provoking questions (i.e., What age would you like to be? Why? Or if



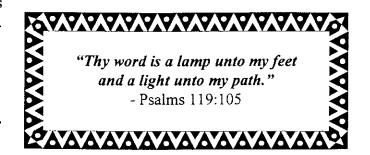
you had to change your name, what would you change it to? Why?) and put them in a small container on the dinner table. Pick a question out of the box each night and give family members a chance to share their thoughts on it. Vary questions according to your kids age level.

5. TV Talk

Trade views on programs that you watch together. Share your values, beliefs and points of view. Give everyone a chance to share their thoughts.

6. Bedside Chats

Sit down with your kids at bedtime. Share events that happened during the day or resolve problems. Tell them a story about the good old days. Let them tell you a story. Tell and show them you love them.



Well-doing and Wellness

12 "Warning Signs of Health"

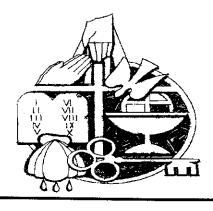
by Rich Bimler, President, Wheat Ridge Ministries

Wheat Ridge Ministries is about seeding health and hope, not only throughout the world, but also in each of us as individuals, loved by God. Here are 12 signs for you to "watch for" in your own lives:

- 1. Persistent presence of supportive friends.
- **2.** Chronic positive expectations a tendency to frame events in a positive light.
- 3. Regular signs of joy in living.
- 4. Sense of spiritual renewal in the Lord.
- 5. Increased sensitivity to others.
- 6. A tendency to adapt to changing conditions.
- 7. Increased appetite for physical activity.
- **8.**Tendency to identify and communicate feelings.
- **9.**Repeated episodes of gratitude and generosity.
- 10. Compulsion to care for other people.
- 11. Persistent sense of humor. Known to laugh out loud!
- 12. A life centered in the forgiveness of Christ!

Our pledge to you, as friends and support people of Wheat Ridge, is to model these "warning signs" and also to encourage you to live a life of health, hope and joy in the Lord. As we go about partnering our ministry of health and hope through grants, events, linkages, training, and supporting each other, we also want to focus on each other as the Lord gives us hope and health, in the name of the healing Christ!

Romans 15:13 summarizes these "signs of health" in this way: "May the God of hope fill you with all *joy* and *peace* as you *trust* in Him, so that you may overflow with hope by the power of the Holy Spirit!"



CONFIRMATION

Meeting Dates for October:

October 5: Bowling Outing 2:00 PM Drop off at SnoBowl at 2:00 PM and pick up at 3:30 PM. Bring \$2 for bowling and extra money if you want snacks. Parent helper: Pam Patterson

> October 19: (Creed) 4:30-6 PM Parent helper: Terry Denton

2 Corinthians 5:17 "Therefore if anyone is in Christ, he/she is a new creation, the old has gone, the new has come!"

A Word from the DCE

Renovare, a Latin word meaning "to renew" is my word for the month.

January's New Years resolutions are usually made when we are worn out in spirit, body & pocketbook and have no real urge to do anything but rest. The beauty of "Autumn resolutions" is that we can make them from a different spot in our lives.

Yom Kippur, on Oct. 11, is the Hebrew day of public and private atonement - a sacred withdrawal from the world for 24 hours to make "confession and amends" so that real life might be renewed with passion and purpose.

This year Yom Kippur coincides with my Baptism Birthday. I like the connection of "turning over a new leaf" because it was in my Baptism years ago that God gave me a New Hope and a New Life rooted and grounded in His mercy.

The women's retreat this month is an opportunity to walk into God's affections. Christ offers us a time of restoration. He knows that over and over again we must make clean breaks, fresh starts, and new beginnings. No special reason is needed other than that our hearts long for greater closeness with God, and we are seeking the refreshment God has to give us in Jesus.

This October 3 & 4 thirty women will make a generous commitment of time to empty themselves of cares and anxieties, to be filled up with the Grace of God that restores.

May God Bless and stretch this time of Renewal into the days ahead!

- Marlys

YOUTH NEWS

Have you ever wanted an exotic meal delivered to your house? Babysitting at the drop of a hat? Car detailed? Cupcakes baked for your school

• events? Birthday party planned? etc...

■ If so, please check out the silent auction
■ ads, all over the Narthex, and Bid, Bid,
■ Bid! All proceeds will go towards 25 high
■ school kids attending the Atlanta Youth
■ Gathering in July.

Feel free to donate your own creative talents, i.e. disco lessons; computer tutoring; petsitting; etc.

You will have the month of October to generously bid higher. Last chance will be at the Benefit Dinner, October 26. Tickets will be sold. Don't miss out on the <u>fun!</u>

Psalms/Now Words by Leslie Brandt

57

Encompass me with Your love and mercy, gracious Lord;
I have no security except in You.
I am perpetually exposed to the destructive forces of this existence. I am in constant danger of losing the battle

to the very passions and desires of my own nature. I can only submit myself to You and believe that You will fulfill Your purposes in me.

Your love, O God, is steadfast; Your grace is everlasting.

Even when I am beaten down by
depression
and ensnared by my weaknesses and
frailties
and my own lust threatens to devour me,
You are my God,
and You will not let me go.

I am determined to serve You, O Lord.

May my life be a continual thankoffering
to You.

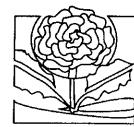
I shall sing Your praises forever.

FUN RUN



Join our <u>all congregation</u> Fun Walk-Run on October 19 at 2 pm. To enter bring a canned good item for Lift-Up and a \$5 entry fee, half to go to Lutheran World Relief - and half to go to the Youth Gathering Fund. Meet at the church!





LWML
DINNER
(with video)

to honor all the women of the church - Wednesday Oct. 22 at 6 PM

Tuesday Bible Study: Meet and study the Word of God prior to work. This study begins at 6:30am and is done promptly at 7:30am. The format is one of discussion and reflection on God's Word. A good cup of coffee or tea is ready for you upon arrival. Give this study a try!

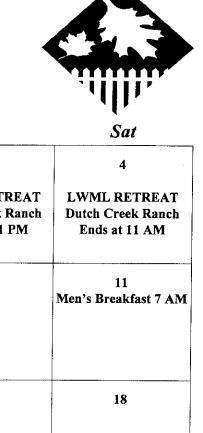
Wednesday Discovery Bible Study: This Wednesday evening study opportunity has been put into place for a midweek spot of spiritual refreshment. A person can come once a month, twice a month, or every week. It is a relaxed atmosphere for learning, discussion and fellowship. Please, come and enjoy some great "Discovery!"





Concordia Lutheran Church

October 1997



Thursday Recovery: Concordia Lutheran congregation has made a commitment to open its doors to the special needs surrounding those individuals, couples, and families who are dealing with the reality of addiction and recovery. Each Thursday night at 7:00pm a group of people meet in the basement of the church for devotions and support. This meeting is designed to aid the recovering person in the quest for a stronger spiritual life.

Sunday Extended Care Center Worship (ECC) On the fourth Sunday of each month our congregation is responsible for the care of the worship service at the ECC. The Pastor leads this service with congregational volunteers. There is a need to visit with the residents at the ECC. It is a great way to learn compassion and service. The residents always appreciate a kind contact from visitors.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Discovery 7 PM	2 Recovery 7 PM	3 LWML RETREAT Dutch Creek Ranch Begins at 1 PM	4 LWML RETREAT Dutch Creek Ranch Ends at 11 AM
5 Worship 8/10:30 AM Education Hr. 9:15 AM Confirmation Bowling Outing 2 PM Youth Group 5:30	6 Playgroup 9:30-11:30 Girl Scouts 3:30 PM Women's AA 7 PM	7 Bible Study 6:30 AM Choir 6:15 PM Worship Ensemble 7:30 PM	8 Discovery 7 PM (District "All	9 Recovery 7 PM Workers" Conference	10	11 Men's Breakfast 7 AM
12 Worship 8/10:30 AM Education Hr. 9:15 AM VOTERS ASSEMBLY (Deadline for Atlanta Gathering registration)	13 Playgroup 9:30-11:30 Women's AA 7 PM NO SCHOOL	14 Bible Study 6:30 AM Choir 6:15 PM Worship Ensemble 7:30 PM	15 Discovery 7 PM LWML 7 PM	16 Recovery 7 PM	17 FALL RUMMAGE SALE	18 FALL RUMMAGE SALE
19 Worship 8/10:30 AM Education Hr. 9:15 AM Confirmation4:30-6PM Youth Group Walk/Run 2 PM		21 Bible Study 6:30 PM Choir 6:15 PM Worship Ensemble 7:30 PM	22 Discovery 7 PM	23 Recovery 7 PM	24	25
26 Worship 8/10:30 AM Education Hr. 9:15 AM Auction/Dinner 5:30 PM		28 Bible Study 6:30 AM Choir 6:15 AM Worship Ensemble 7:30 PM	29 Discovery 7 PM	30 Recovery 7 PM	31	



- A little vacation with God every day and an entire day every week to practice the presence of Christ, rest physically, break the routine, have fun, laugh, regain perspective, realize God's love anew.
- 2 God is God and I don't have to be God. Remember who God is, remember who I am before God. Rest in his power and might.
- 3 Practice self care. Care for yourself as tenderly and creatively as you would care **for anyone whom God loves.**
- 4 Allow your sense of humor to emerge. Lighten up!
- 5 Identify some distinctive things about yourself, and **nurture** them. Do you love art, music, sports, cooking, knitting? Are you compassionate, funny, athletic, intellectual?
- Have several groups of people outside your work setting who love and appreciate you: extended family, friends, co-workers, college friends and childhood playmates.
- 8 Talk to your spouse. Each of you identify your self and form a partnership which nurtures, celebrates and honors God with the self he gave you. Give each other permission and encourage each other to be the person God made you to be.
- 8 If your self is temporarily lost and you can't imagine where to look, seek professional counseling help.
- 9 Learn Christian assertiveness. Acknowledge your humanity. Identify your limitations. Occasionally let others care for

you. Receive their love and care as from God.

From LCMS Health Ministries



Concordia September Statistics

Avg, Sunday Attendance

1991- 127	1992- 163				
1993- 184	1994- 228				
1995- 212	1996- 212				
1997- 261					

September 1997 Sunday Attendance

wk. #1 - (E) 117	(L) 140
wk. #2 - (E) 111	(L) 159
wk. #3 - (E) 104	(L) 155
wk. #4 - (E) 110	(L) 150

We have made some substantial progress in our Sunday morning worship attendance. I do believe that the numbers reflect the growth and development that our congregation is experiencing.

It may be possible that in the near future our congregation may reinstate a Saturday or Sunday evening worship opportunity. Our Sanctuary comfortably holds 180 worshippers. As we grow, the leadership at Concordia will continue to identify other worship times for the benefit of our congregation, community, and outreach efforts.



STEWARDSHIP

How much of your income to give away and to whom are personal decisions that each of us must make according to God's leading. Nevertheless, let me suggest some guidelines to help you through the decision-making process:

Give first.

If you deposit your income in the bank, go about your weekly activities and intend to take care of giving later, you probably won't. I suggest that you make up some payment coupons similar to those you have for your mortgage payment. Put them at the front of your bills-to-be-paid folder to ensure that making that payment is the first thing you do.

As Proverbs 3:9-10 says, "Honor the Lord with your wealth, with the first-fruits of your crops, then your barns will be filled to overflowing, and your vats will brim with new wine". Giving will become a habit provided you repeat the act over and over.

Give wisely.

If you are a church member, you should support that ministry financially because that is where you are being fed spiritually. When considering other charitable organizations or ministries, first request a current financial report. Learn what they are doing, how they do it, and who is in charge.

Give Quietly.

Don't trumpet the fact that you give money away. Give because it is the right thing to do
— not because you want other poeple to admire your generosity and benevolence.

Keep in mind Jesus' words: "When you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honored by men. I tell you the truth, they have received their reward in full. But when you give to the needy, do not let your left hand know what your right hand is doing so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you" (Matthew 6:2-4).

• Give joyfully.

You may not feel obedient or grateful when you first begin to follow this principle of giving. That's okay. Ask God to make your heart joyful and just keep giving. The feelings will come.

It's much easier to act your way into a feeling than to feel your way into action. "Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver" (2 Corinthians 9:7).

Remember: When you are worried, filled with anxiety, or just feeling greedy, give! It is the best all-purpose remedy I know for money troubles.

This material is excerpted from The Complete Cheapskate by Mary Hunt



Christmas Cupboard and YOU!

Just eight more weeks and the long line of eager shoppers will be winding its way through our doors. Once again shoppers will be able to select unique handcrafted items, and Christmas Cookies sold by the pound. We will be offering new this year, specialty items such as breads, jams, jellies, candies, and soup and bakery mixes, all beautifully gift wrapped and ready to pull from freezer or cupboard and give away. You won't want to miss this fun and festive missions fund raiser, so mark your calendar now for Saturday, November 22.

But you still have time to help. Here are some ideas:

- Check the Sunday Bulletin each week to see when and where the next Craft Party will be held.
- Start or finish-up at home a craft item or two of your own. Call Judy Plumb at 870-8040 and she'll be glad to arrange pick-up of your items.
- Think about what specialty items you might like to make. Perhaps you make great jams, jellies, breads, hard candy, fudge, or... We will be packaging these items to be sold as ready to give gifts. If you have an item you'd like to make, call Sue Krohn at 879-7081, so packaging ideas can be discussed before you make the item.
- · Watch for Cookie Caper baking dates and

October Baptismal Birthdays

"Ye are all the children of God by faith
 in Christ Jesus. For as many of you as
 have been baptized into Christ have put
 on Christ." Galatians 3:26-27

Kelly Anderson, Logan Banning, Benjamin Von Thaden, Zerek Twede, Kaitlin Schoewe, and Courtney Reynolds.

God loves you. You are all very special.

God bless you and keep you.

Our Blessings and Prayers, Your Concorcdia Lutheran Church Family



places and come join the fun of making and decorating the various cookies.

 Make Christmas Cookies at your home and freeze for the big day. Dana Tredway at 879-3908 can answer Cookie Caper questions.

All this is truly great fun. Join in wherever you can. Happy crafting, baking and cooking!

ANNOUNCEMENTS



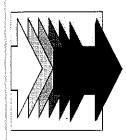
MEN'S FELLOWSHIP BREAKFAST

SATURDAY, OCTOBER 11th 7:00 AM - 8:30 AM JOIN US! BRING A FRIEND!



CONCORDIA COMMUNITY CARES

October 19th (11:30 am): Meeting for October & November teams. If you have any questions or comments please call Ellyn Myller (871-1860).



FALL RUMMAGE SALE

Friday and Saturday, October 17 and 18
We will need volunteers to help sort and prepare for two hectic days! Please sign up for a job that is not only entertaining and often surprising - but you just may find that perfect item for yourself.



IMPORTANT VOTERS' ASSEMBLY MEETING, SUNDAY, OCTOBER 12 at 12:00 NOON

Finger food will be served after the late service. Childcare will be provided.



Now is the time to buy a Concordia Self-Study Bible for a special price of \$35 and \$5 will go towards the Youth Group's Atlanta trip. Save yourself \$5, support the youth group, and gain a wonderful resource for your home.